

## North Mundham Primary School

### Sex and Relationships Education Policy

This policy is part of the school's policies on the provision of Citizenship and PSHE Education. These policies fit within our commitment to being a 'Healthy School'.

#### Definition

Sex and Relationships Education aims to inform our children about relationships, emotions, sex, sexuality and sexual health as appropriate to their age. It is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of all types of family life, stable and loving relationships, marriage, partnerships, respect, love and care.

SRE reflects the ethos of the school, encouraging the development of:

- Respect for self and others
- Self confidence and self esteem
- Responsibility for their own actions
- Responsibility towards their family, friends, school and wider community
- Critical thinking as part of decision making
- Developing understanding of our rights regarding our bodies and privacy.

#### Objectives of the SRE programme:

Knowledge and understanding

- to provide information about physical development at appropriate stages
- to understand human sexuality, reproduction, sexual health, emotions and relationships
- to enable children to develop confidence as they begin the journey from childhood through adolescence into adulthood

Attitudes and values

- to provide learning about the importance of family life and stable loving relationships that can nurture children
- to provide learning about respect, love, trust and care

Personal and social skills

- to develop the ability to manage emotions and relationships confidently and sensitively
- to develop self respect and empathy for others
- to learn how to recognise and avoid abuse
- to include the development of communication and decision making skills
- to understand and appreciate difference and not develop prejudice.

#### How is SRE delivered?

SRE is delivered by the class teachers with support when available from the School Nurse. It is delivered through:

- 'Lifeskills' lessons
- Science rolling programme
- the use of 'circle time' and story time.

Appendix A is an outline of provision for each Year group.

Appendix B shows the intended learning outcomes for the end of KS1 and the end of KS2.

### **Responsibilities**

The SRE programme is co-ordinated by Julia Carey.

The SRE Governor is Elaine Standish.

Provision is monitored and evaluated as part of the school's cycle of self evaluation.

The policy has been developed through consultation with teachers, governors, parents/carers, children, an adviser from WSCC and the School Nurse.

### **Parents' rights to withdraw their child(ren)**

Pupils can be withdrawn by their parents from the parts of SRE outside the compulsory elements of SRE contained in the Science National Curriculum. Parents/carers wishing to withdraw their children should speak to the Headteacher. In Class 6 there is an opportunity for parents/carers to preview materials and resources that will be used in class.

### **Special Educational Needs**

The class teacher and SENCo will discuss any individual needs with regard to SRE with parents.

### **Equal Opportunities**

All pupils will have access to the same content and opportunities for SRE. In Year 5 and Year 6 boys and girls sometimes have opportunity for separate discussions regarding changes during puberty but these discussions cover the same information.

### **Child Protection**

If any concerns arise during discussions, lessons or as a result of a child's question, teachers should refer these immediately to the Headteacher, who is the designated person for Child Protection. The Child Protection policy will be followed.

Any individual circumstances from child protection issues will be considered by the school prior to learning and discussed with the family concerned.

### **Visitors**

Any visitors to the school contributing to the SRE programme will be given a copy of the school's policy prior to their visit. The aims and content of their input and any materials to be used will be discussed fully with the class teacher in consultation before the visit.

### **Children's questions**

Children's questions will be answered during lessons in line with school policy and at an age appropriate level for the class. Teachers may decide to answer a question individually later and the teacher will use their skill and discretion in these situations.

Reviewed Sept 2016